



**BOWEN ISLAND FOOD
RESILIENCE SOCIETY**

GARDEN WORKSHOP SERIES



WORKSHOPS OFFERED FREE TO
PROMOTE FOOD RESILIENCE

Location



**Grafton Agricultural Commons
Regenerative Garden**

Find us across from Grafton Lake parking lot

To Register for Any or All Workshops Email
BOWENFOODRESILIENCE@GMAIL.COM

WE ACKNOWLEDGE THAT WE LIVE AND WORK ON NEXWLÉLEXWM
(ALSO KNOWN AS BOWEN ISLAND) PART OF THE UNCEDED, STOLEN TERRITORY OF THE
SKW̱XWÚ7MESH (SQUAMISH) NATION



Grow With Us at
Grafton Commons



THE MAGIC OF SOIL

Talk & Demonstration

Sunday, June 7th 1:00 - 3:00pm



COMPOST EXTRACT 101

Hands-On Inoculation Workshop

Sunday, July 5th 1:00 - 2:30pm



FOOD FOREST & SOIL BUILDING

Sunday, July 12th 1:00 - 3:00pm



FOOD FOREST GUILDS

Sunday, July 19th 1:00 - 3:00pm



FOOD FOREST TOUR

Sunday, July 19th 3:00 - 4:00pm

Food Forest Workshops Supported In Part By



BOWEN ISLAND
COMMUNITY
FOUNDATION

IN PARTNERSHIP WITH
vancouver
foundation

Upcoming Workshops



**BOWEN ISLAND FOOD
RESILIENCE SOCIETY**

GARDEN WORKSHOP SERIES

COMPOST EXTRACT 101

Hands-On Demonstration with Phil Gregory



Learn to make compost extract. A hands-on demo of inoculation for active, living soil to nourish your garden!

SUNDAY, JULY 5th

1:00-2:30pm



Grafton Agricultural Commons

Find us across from Grafton Lake parking lot



To Register Email Us @

bowenfoodresilience@gmail.com

Workshop offered free to support food resilience. Donations welcomed in support of Grafton Agricultural Commons 2026 irrigation project.

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